



JOIN US AT KARA CAMP ERIN 2012

A Camp for Grieving Children & Teens

JULY 20, 21 & 22, 2012

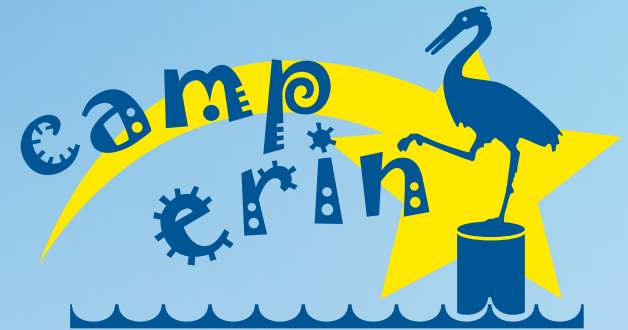
Camp Arroyo, Livermore CA

APPLICATIONS DUE

MARCH 19, 2012

FREE for children and teens ages 6 to 17

Space is limited so apply early!



Kara Grief Support and The Moyer Foundation

A FUN AND SAFE ENVIRONMENT



THE MOYER FOUNDATION
Helping Children in Distress

■ **The Moyer Foundation**, headquartered in Seattle, WA, is a public, 501(c)(3) non-profit organization founded in 2000 by MLB, World Series-winning All-Star pitcher Jamie Moyer and his wife, Karen. With over 40 camps nationwide, including Canada, with four specifically for youth who have lost a family member in the military, Camp Erin is the largest network of bereavement camps for children and teens in the country.

The Moyer Foundation partners with healthcare and bereavement organizations in local communities, such as Kara, to help fund, develop, and grow Camp Erin nationwide. The Foundation is leading the effort to help establish as many as 60 Camp Erin bereavement camps nationwide - because no child should grieve alone.

Website: moyerfoundation.org

■ **The Taylor Family Foundation** donates the use of Camp Arroyo to Kara's Camp Erin. Their mission is to preserve the wellness and enhance the quality of life for children in Northern California with life-threatening and chronic



illnesses, disabilities and youth at-risk through unique, therapeutic experiences and support.

At Camp Arroyo children run and laugh and make friends with kids who share the same grief experiences.

Website: tfff.org



HOW TO APPLY

Applications available through Kara online at www.kara-grief.org/camperin or call **650-321-5272**



Kara Grief Support and The Moyer Foundation



Moving through grief toward hope and meaning



WHAT IS CAMP ERIN?

■ Camp Erin, the largest bereavement camp in the country, is designed for children and teens ages 6-17 who have experienced the death of someone close to them. It is a weekend-long experience filled with fun and traditional camp activities combined with grief education and emotional support – led by grief professionals and trained volunteers. Camp Erin provides a unique opportunity for peer bonding between children and teens facing a similar life circumstance.

Camp Erin is offered free to all families.

“Camp Erin made me feel not alone and it helped me feel safe.”

- Joey, 9



“Camp helped me show a side of me I’ve never shown anyone.”

- Jenalyn, 14

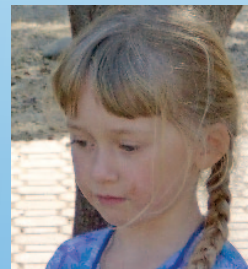
HOW DOES A GRIEVING CHILD OR TEEN BENEFIT FROM CAMP ERIN?

- They learn that they are not alone, and that there are others who share similar feelings.
- They learn that their feelings are perfectly normal.
- They have the opportunity to address their feelings and honor the person who died.



“They still are in two places inside you – in your heart and in your memory.”

- Michelle, 10



“I loved how empowered my kids were when they came home.”

– Parent of a camper



Moving through grief toward hope and meaning

KARA'S MISSION

■ Kara provides compassionate support to people of all ages on their journey through grief so that they can move toward renewed hope and meaning.

Kara is a nonprofit organization serving the San Francisco Bay area since 1976 with individual and family counseling, grief support groups, crisis intervention, grief-related therapy, information, referrals and community education.

